


Additional 211 materials are available. If your business, church or organization would like to distribute 211 materials, call 211 or visit [uwsvac.org/2-1-1](http://uwsvac.org/2-1-1).

# HELP GUIDE FOR SOUTH WOOD COUNTY 2024

This guide is a collaborative project of:



Get Connected. Get Help.™  
[www.uwsvac.org/2-1-1](http://www.uwsvac.org/2-1-1)

United Way of South Wood & Adams Counties   
351 Oak Street, Wisconsin Rapids, WI 54494  
715.421.0390  
[www.uwsvac.org](http://www.uwsvac.org)

Supported by  
**incourage**  
community foundation®  
unrestricted grant funds



### SUICIDE AND CRISIS LIFELINE

**On your phone, dial 9-8-8 or 1-800-273-TALK(8255)**  
**Text 988 or visit [988lifeline.org](http://988lifeline.org) to chat**  
Provides 24/7, free and confidential support for people in distress, prevention, and crisis resources.

**Uplift WI Warmline**  
534-202-5438  
Warmline that connects callers to peer specialists.

### PRESCRIPTION DISCOUNT CARDS

**United Way of South Wood & Adams Counties**  
715-421-0390, [www.uwsvac.org/singlecare](http://www.uwsvac.org/singlecare)  
Cut this out and place in your wallet for immediate use.



Inclusion or exclusion from this resource guide does not generate endorsement or objection to a program or agency by our organization.

### CLOTHING/HOUSEHOLD

**Career Closet**  
715-424-7544  
Provides men, women and students in need of appropriate clothing for job interviews and new jobs at no cost.

**The Caring Closet**  
715-424-6777  
Provides clothing, school supplies, hygiene products, etc. to students in need. Contact a school counselor or social worker in the Wisconsin Rapids School District for more information.

**The Shepherd's Loft at Baker Street Wesleyan Church**  
715-421-5335  
Provides free clothing, shoes and linens. No screening process. Open Tuesday and Friday 9am - 12pm by appointment.

### CHILD CARE RESOURCES

**Childcaring, Inc.**  
715-841-9490 or 800-628-8534, [www.childcaring.org](http://www.childcaring.org)  
Assists parents in their search for child care. Referrals to certified/ licensed child care, informational materials available, etc. A scholarship program helps low-income families pay for child care.

**Northern Income Maintenance Consortium**  
888-794-5722, [www.access.wisconsin.gov](http://www.access.wisconsin.gov)  
Determines eligibility for MyWICildCare, which helps families pay for child care.

### AGING AND DISABILITY RESOURCES

**Aging & Disability Resource Center of Central Wisconsin**  
888-486-9545, [www.adrc-cw.org](http://www.adrc-cw.org)  
Serves adults 60+ and individuals with disabilities who are over 18 years. Promotes independence with information, counseling, advocacy, etc. Also serves families, caregivers and friends.

**Park Place Adult Day Services**  
715-422-2795, [www.ppads.org](http://www.ppads.org)  
Serves any vulnerable or dependent adult. Primary goals are to stimulate the mind and senses of the client while providing respite for caregivers.

**Opportunity Development Centers**  
715-424-2712, [www.odcinc.com](http://www.odcinc.com)  
Empowering people with disabilities to achieve their work and life goals.

**4U Adult Day Service**  
715-712-1169, [www.4udayservice.com](http://www.4udayservice.com)  
Provides adult day services to adults 18+ who have developmental disabilities. 4U offer its members opportunities to choose their daily activities.

### FINANCIAL COUNSELING RESOURCES

**Extension - Wood County**  
715-421-8440, [www.wood.extension.wisc.edu](http://www.wood.extension.wisc.edu)  
Helps residents acquire knowledge and resources; then evaluate and apply positive financial decisions to develop financial security.

### TRANSPORTATION RESOURCES

**Wood County Elderly/Disabled Transportation Program**  
715-421-8989  
Call to schedule a ride. Bus transportation is provided Monday-Friday, 9:30am-2pm.

### HEALTH INSURANCE RESOURCES

**Covering Wisconsin**  
608-261-1455, [coveringwi.org](http://coveringwi.org)  
Provides free assistance year-round to find and use health insurance.

**Northern Income Maintenance Consortium**  
888-794-5722, [www.access.wisconsin.gov](http://www.access.wisconsin.gov)  
Badger Care Plus provides health insurance to: children under 19, adults 19-64 who are not receiving Medicare. Eligibility is based on income. Wisconsin's Medicaid provides health care for 65+, blind or disabled with income and asset limits.

### VOLUNTEER RESOURCES

**United Way of South Wood & Adams Counties' Volunteer Center**  
715-421-0390, [www.uwsvac.org](http://www.uwsvac.org)  
Get connected with local volunteer opportunities that interest you. Contact Ben for information at 715-421-0390 or [ben@uwsvac.org](mailto:ben@uwsvac.org)

## UNITED WAY'S 211

On your phone, dial 211 or 1-877-947-2211  
[www.uwswac.org/2-1-1](http://www.uwswac.org/2-1-1)

Text your zip code to 898211

211 is a simple, free, confidential referral and information helpline and website that link people from all communities and ages to the essential health and human services they need, 24 hours a day, 7 days a week.

## FOOD RESOURCES

### FOCUS Food Pantry

715-422-2050, [www.focusofswc.org](http://www.focusofswc.org)

Provides food to families and individuals in need.

Applicants are screened for income. Hours are Monday, Thursday, and Friday 12:00pm - 3:45pm; and Tuesday 4:00pm - 6:45pm. FOCUS also has an infant pantry and a personal essentials pantry provided upon availability.

### FOCUS Neighborhood Meals

715-422-2050, [www.focusofswc.org](http://www.focusofswc.org)

Provides free meals on Thursdays from 4:30pm-5:45pm. Call or visit website for more information.

### Aging and Disability Resource Center of Central Wisconsin - Meals on Wheels

888-486-9545 For information & reservations,  
[www.adrc-cw.org](http://www.adrc-cw.org)

Home delivered meals for ages 60+. Call to sign up.  
\$5.00 per meal suggested donation.

### FoodShare - Northern Income Maintenance Consortium

888-794-5722, [www.access.wisconsin.gov](http://www.access.wisconsin.gov)

Determines eligibility for individuals and families for FoodShare, which is used to buy nutritious food.

### WIC - Wood County Health Department

715-421-8950

[woodcountywi.gov/departments/Health/WIC.aspx](http://woodcountywi.gov/departments/Health/WIC.aspx)  
Provides nutrition education, breastfeeding support, healthy foods and healthcare referrals for pregnant, breastfeeding, or postpartum women; infants; children; and foster children up to age five.

### Ruby's Pantry

Food distribution takes place 3rd Saturday of every month from 8am-9:30am at Pitsch School, 501 17th St. S., Wisconsin Rapids. Cost is \$25/food bundle, no income restrictions.

### Senior Stockbox

211 or 877-947-2211

Provides a free box of food to income-eligible seniors ages 60+. Available once per month; registration required. Call United Way's 211 to register.

## HOUSING AND UTILITY RESOURCES

### Housing Authority - Wisconsin Rapids

715-423-7288, [www.wisrapha.org](http://www.wisrapha.org)

Provides subsidized housing at various locations for eligible low-income families, the elderly/50+, and/or persons with disabilities in the Wisconsin Rapids area.

### North Central Community Action Program

715-424-2581, [www.northcentralcap.org](http://www.northcentralcap.org)

Emergency housing payment assistance. Must have source of income and an eviction notice.

### Forward Service Corporation - Wisconsin Rapids

800-771-8420, [www.fsc-corp.org](http://www.fsc-corp.org)

Provides assistance to families with eviction, shut-off notices and similar emergencies.

### Wood County Human Services Energy Assistance Program

715-421-8645

[www.energybenefit.wi.gov](http://www.energybenefit.wi.gov)

Energy Services, 800-506-5596

After hour emergencies, 715-421-2354

Assists with utility bills, purchase or repair heating units, or bulk fuel.

### Rural Housing

888-400-5974, [www.wisconsinruralhousing.org](http://www.wisconsinruralhousing.org)

**Rent/Mortgage Assistance:** Assists income-eligible clients with payment towards rent and security deposits, back taxes and mortgage payments to prevent foreclosure.

**Utility Assistance:** Offers payment assistance to eligible clients facing eviction because of past due utility bills. No assistance if disconnected. Budget plan required. Funds may be limited.

### Catholic Charities St. Lawrence Community Services

715-849-3311, [www.cclse.org](http://www.cclse.org)

Assists with rent and/or utilities, not emergency assistance. Income eligibility requirements. Call to apply.

### enTouch Wireless

Contact United Way's 211 to find out how to apply. Offers free wireless cell phone minutes to eligible individuals. Must have own phone.

## ADDICTION AND MENTAL HEALTH/ABUSE

### Wisconsin Addiction Recovery Helpline

833-944-4673, [www.addictionhelpwi.org](http://www.addictionhelpwi.org)

Statewide resource for finding substance use treatment and recovery services.

### Alcoholics Anonymous Meetings

715-229-5444, [www.wiaadistrict3.org](http://www.wiaadistrict3.org)

### Narcotics Anonymous Meetings

800-240-0276, [wisconsinna.org](http://wisconsinna.org)

### AI - Anon Family Meetings

888-425-2666, [www.area61afg.org](http://www.area61afg.org)

### Nar - Anon Family Meetings

800-477-6291, [www.nar-anon.org](http://www.nar-anon.org)

### Wood County Human Services

715-421-8840

Mental health, alcohol/drug abuse services for Wood County residents.

### Compass Counseling

715-298-6364, [www.compasscounsels.com](http://www.compasscounsels.com)

Offers counseling for children and adults. Accepts BadgerCare.

### Clinical Services

715-712-1370, [www.clinicalservices.com](http://www.clinicalservices.com)

Counseling for families and individuals. Accepts insurance, BadgerCare and discounts for cash-pay.

### Wood County Crisis Intervention - Human Services

715-421-2345 Crisis Line

Crisis phone services available 24/7.

### Central Wisconsin Counseling Associates

715-424-6960

[www.centralwisconsincounselingassociates.com](http://www.centralwisconsincounselingassociates.com)

An Outpatient Mental Health Clinic that provides individual, marriage, and family counseling for all ages. Accepts a variety of commercial and Medicare Insurance.

### The Family Center, Inc.

715-421-1511, 24 Hour Crisis Line, [www.familyctr.org](http://www.familyctr.org)

Services to assist individuals and families experiencing domestic or sexual violence. Includes safety planning, counseling, advocacy services and safe shelter. Services are free and confidential.

### ODC's Opportunity for Hope

715-818-6443, [www.odcinc.com](http://www.odcinc.com)

Outpatient mental health clinic, supporting adults, adolescents and children.

## EDUCATIONAL/VOCATIONAL SERVICES

### Job Center

715-422-5000, [www.jobcenterofwisconsin.com](http://www.jobcenterofwisconsin.com)

[www.dwd.wisconsin.gov](http://www.dwd.wisconsin.gov)

Local and statewide job openings, resumes and cover letters, state and federal civil service internet sites, job search techniques, etc.

### Division of Vocational Rehabilitation

715-261-8760, 800-469-0917

[www.dwd.wisconsin.gov/dvr](http://www.dwd.wisconsin.gov/dvr)

Provides services for individuals with disabilities to obtain, maintain or improve employment.

### Mid-State Technical College

888-575-6782, [www.mstc.edu](http://www.mstc.edu)

Higher education provider of associate degrees, technical diplomas, and certificates in a wide variety of in-demand fields.

### Wisconsin Department of Workforce Development

Must apply online at:

[www.my.unemployment.wisconsin.gov](http://www.my.unemployment.wisconsin.gov)

Call the Job Center at 715-422-5000 with questions.